



Westfield Primary School  
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 Headteacher: Mr Simon Mills



Friday Note  
 19 October 2018

**Dear Parents**

Westfield School is a Healthy School. We are committed to promoting healthy choices for our children in order to give them the very best start in life, and our commitment has been recognised and validated by external agencies. Here is some guidance about school expectations and some choices that can be made. We appreciate your support in this.

**Drinking water** ONLY in class, unless qualified medical advice makes a recommendation for alternative. Whilst this supports a healthy lifestyle, parents also need to be aware that having juice in bottles in class can often cause mess and stickiness. Water spillages are not a problem.

**Breaktime snacks** ideally should not exceed 100 calories, and be non-sugar. Cereal bars vary in nutritional value, so check packaging. Acceptable examples include:

- Fresh or tinned fruit
- Chopped vegetables (with low-fat hummus)
- Plain rice cakes or crackers (with low-fat cheese)
- One crumpet
- One scotch pancake
- Bread sticks
- Plain popcorn

High sugar/salt choices such as chocolate bars and crisps are NOT ALLOWED at break time but a moderate amount of these foods are allowed in **lunchboxes**, as well as a **juice drink** for lunchtime if preferred. If a pupil has these in school they are for consumption **at lunchtime only**. KS2 children should have their break time snack in their tray/bag and not need to go to their lunchbox during the morning.

**Big Brother**

Anthony Ruddock is proud to announce he is a big brother! Baby Brody Michael was born on Wednesday weighing 6lbs 9oz. Congratulations to the family.

**Year 3 Diary Dates**

Thursday 25<sup>th</sup> October - Charlie and the Chocolate Factory dress up day.

Trip to the Roman Baths on Monday 19<sup>th</sup> November

**Swimming**

Year 2 and 3 will be swapping swimming days next week due to Year 3 dress up day. Year 2 will be swimming Thursday and Year 3 on Tuesday.

**Headlice**

Please could everyone check their childrens' hair this weekend – we have had several cases of headlice this week. Thank you.

**Christmas Performances**

The Key Stage one Christmas Performances will be as follows:

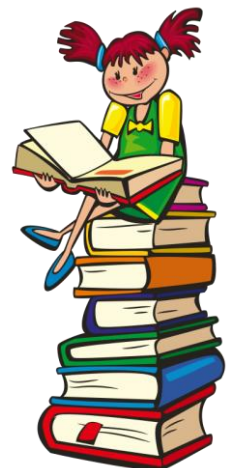
- Tuesday 11<sup>th</sup> December – 2.00pm Year 1
- Wednesday 12<sup>th</sup> December - 9.00am Year 1 & 2.00pm Year 2
- Thursday 13<sup>th</sup> December - 9.00am Year 2 & 2.00pm Reception
- Friday 14<sup>th</sup> December – 9.00am Reception

**Key Stage 1**

- Winners 71% Badger
- 64% Panda
- 50% Owl
- 41% Squirrel
- 40% Rabbit

**Key Stage 2**

- Winners 75% Panther
- 68% Eagle
- 65% Dragonfly
- 61% Falcon
- 60% Dolphin
- 58% Butterfly
- 56% Monkey
- 19% Turtle



## Book Fair

The book fair is coming to school after half term and we are very excited to announce a link that parents can follow to get a further 20% off of books!

<https://bookfairs.scholastic.co.uk/travelling-books/book-fairs#vouchers>



## Diary Dates

### Oct

Mon 22 Parents Evening  
Thurs 25 KS1 Stay and Read  
Thurs 25 Parents Evening  
Fri 26 Inset Day  
Mon 29 – Fri 2 Half Term



### Nov

Mon 5 Pupils back to school  
Wed 7-14 Bookfair  
Thurs 8 KS1 and Yr 3 Bedtime Stories  
Year 4, 5 and 6 Poetry Slam  
Mon 12 Midsomer Norton Carnival  
Wed 14 KS2 Stay and Calculate  
Wed 21 KS1 Stay and Calculate  
Thurs 29 Westfield christmas lights switch on  
Fri 30 PTA Christmas Fayre

### Dec

Tues 4 Flu Vaccinations Reception – Year 5  
Christmas Performances  
Tues 11 2.00pm Year 1  
Weds 12 9.00am Year 1 & 2.00pm Year 2  
Thurs 13 9.00am Year 2 & 2.00pm Reception  
Fri 14 9.00am Reception  
Fri 21 Pupils break up for Christmas

### Jan

Mon 7 Pupils back to school